

Time management tips for students

<http://www.youtube.com/watch?v=dQVuUe3iMgE>

Listen the video and answer these questions.

1. What is the most important thing that we use to manage time?
A. Calendar B. Get up early C. Read the syllabus
2. Which way is not mentioned in this video to make a calendar?
A. Computer B. Task C. Cellphone
3. What is the information you need to focus when you read the syllabus?
A. Trip
B. All major assignments and projects
C. The teacher's information

True or false.

1. Waking early is not worth it for managing time. _____
2. Find a balance that can make students feel happy. _____

Discussion question.

1. After watching this video, how can we manage our time?
2. What do you think about Eric when he said that students should have enough sleep, eat healthy foods and exercise? Can it help us to manage our time? Why?